Letting go is hard. But holding on is harder. a short film by TINNA HRAFNSDÓTTIR FREYJA FILMWORK PRESENTS IN ASSOCIATION WITH PEGASUS PICTURES A FILM BY TINNA HRAFNSDOTTIR "MUNDA" GUDRUN S. GISLADOTTIR SIGURDUR SIGURJONSSON HANNA MARIA KARLSDOTTIR LILJA ÞORISDOTTIR MUSIC BY VEDIS HERVOR ARNADOTTIR STEFAN ORN GUNNLAUGSSON COSTUME DESIGNER OLOF BENEDIKTSDOTTIR HAIR AND MAKE-UP KRISTIN JULLA KRISTJANSDOTTIR PRODUCTION DESIGNER KATRIN I.JONSDOTTIR HJORDISARDOTTIR SOUND ESTER BIBI NICOLAS LIEBING EDITED BY STEFANIA THORS DIRECTOR OF PHOTOGRAPHY LOUISE MCLAUGHLIN PRODUCED BY TINNA HRAFNSDOTTIR LILJA JONSDOTTIR SCREENPLAY BY BERGDORA SNÆBJORNSDOTTIR DIRECTED BY TINNA HRAFNSDOTTIR RÚV PEGASUS SHORTSTV MEDIA R E N T A L Doris Film